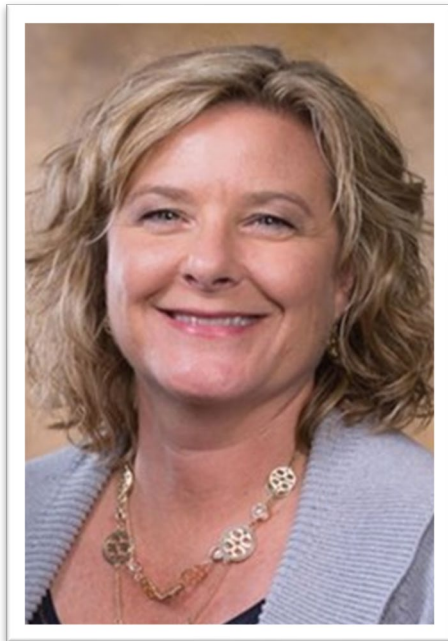




ANEW GRANT NEWSLETTER

Fall 2024

EMSON Leadership



Marilou Shreve, DNP, RN, APRN, CPNP-PC was recently appointed interim Executive Director of the Eleanor Mann School of Nursing and Boyce W. Billingsley Endowed Chair in Nursing. Dr. Shreve joined EMSON in 2012 and has served in both undergraduate and graduate faculty roles. She has also served in EMSON leadership roles, both in committee leadership and as Project Director of the ANEW Grant. Dr. Shreve has over 25 years of pediatric experience in acute and primary care settings. She specializes in pediatric and adolescent obesity and opened and maintained one of Arkansas' first nurse practitioner-owned clinics. We welcome Dr. Shreve to her new role!

"I'm honored to serve in this position as we continue to fulfill mission of Eleanor Mann School of Nursing, "To advance health and quality of life for Arkansans and beyond through cultivation of innovative and transformative nurse-clinicians, educators, scientists, leaders, and policy-makers." Dr. Marilou Shreve

ANEW Participants



The fall 2024 semester welcomed 5 new grant participants, bringing the current number of grantees to 20, our largest number to date. To promote belonging and mentoring during their time on the grant, we hold two virtual discussions throughout the semester that are attended by all ANEW participants. These group discussions provide opportunity for the new students to be welcomed by current grant participants and staff and are opportunities for continuing students to provide their perspectives and tips for a successful experience for the incoming students. Students have expressed appreciation for these real-time face-to-face interactions which promote connections among the participants.

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Fall 2024 Workshop



The ANEW Grant staff have been developing and refining pre-clinical workshops for grant participants since the inaugural workshop was held in January 2021. In August, the workshop focused on content and skills addressed in the Complex Problems in Primary Care course, including punch and shave biopsy, I&D, joint injections, toenail removal, and suturing. We were excited to have Dr. Claire Servy, MD, and Julie Spears, FNP, providers at Community Clinic, as well as Dr. Megan Taylor, DNP, FNP, EMSON Clinical Assistant Professor, spend the day and share their expertise with students during the skills lab! In addition, Dr. Billy Jones, PhD, presented on mental health testing and referral, and Dr. Carmel Kruse, DNP, FNP, EMSON Clinical Assistant Professor provided content on gastrointestinal issues. Students indicated they benefitted from the one-on-one skills instruction and small group practice time, enjoyed learning new content, and felt their time was well spent. Providers attending expressed appreciation as well. Melisa Swearingen, APRN, commented,



“I had a wonderful experience at the workshop. Truly enjoyed the diversity of topics and procedures covered as well as the collaboration between experienced and soon to be medical providers...”

The ANEW team would like to express our gratitude to our presenters – it is because of their commitment to the preparation of our future graduates that the day was such a success!



Poverty and Healthcare Course



With a continued focus on preparing our students to practice in underserved and rural communities, the ANEW grant team presented a course to provide a base for understanding poverty and health at the individual, family, and community levels. Cross-disciplinary approaches were utilized to address how poverty affects individual and community health, as well as demonstrated challenges faced by individuals, families, and health providers when addressing healthcare needs. Experiences included attendance at a poverty simulation sponsored by University of Arkansas for Medical Sciences, student led book club discussions over *Poverty by America* (Matthew Desmond, 2023) and *The Invisible Child* (Andrea Elliott, 2021), and time at community sites that provide services to those experiencing poverty. In November, ANEW participants, along with EMSON undergraduate students and faculty, attended a workshop presented by Lana Boggs, RN and Tracy Starks, RN, Community Nurse Specialists with the Arkansas Department of Health, “What’s Poverty Got to Do With It?: Children and Families in Crisis.” According to Lana Boggs,

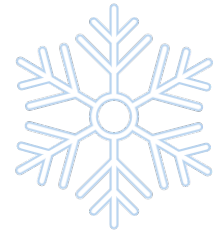
“This educational opportunity looks at poverty based on the research of Dr. Donna Beegle. It offers a unique perspective that will inform and challenge how we see poverty in America. It discusses different types of poverty, common perceptions about the people living in poverty, and how people living in the crisis of poverty communicate. It offers strategies for communities and individuals to assist people to move out of poverty. It challenges participants to refrain from judgement of individuals who live in the crisis of poverty. As Dr. Beegle says: ‘If you are judging you cannot connect, if you cannot connect you cannot communicate, and if you can’t communicate you cannot help!’”



Poverty Simulation, UAMS, Little Rock. Front row: DNP-FNP students Jessica Weiss, Allison Davis, Micah (Gabby) Potter. Middle row: Katie Miget, Devon Stubblefield, Shelbie Graham, Charice Eakes. Back row: Linda Jackson, Tim Kimball, Genie Malone, Becky McCann (ANEW Quality Manager, Co-Instructor of Poverty course), Leslie Pamungkas, Heather Rehki.



Poverty and Healthcare, cont.



Poverty Workshop. Front row: DNP-FNP students and ANEW participants Allison Davis, Jessica Weiss, Charice Eakes, Genie Malone, Heather Rehki. Back row: Leslie Pamungkas, Shelbie Graham, Linda Jackson, Tim Kimball, Gabby Potter, Keithlea Griffin, Devon Stubblefield, Brittany Dillard, Becky McCann (ANEW Quality Manager, Co-Instructor of Poverty course), Tracy Starks (ADH), Lana Boggs (ADH).

Through the workshop, attendees also brought donations to support the clients at Canvas and Our House, two services in Little Rock that support the unhoused community, and have served as sites for experiential learning for our ANEW grant students for several years. The impact of the poverty course is reflected through shared perspectives from the students.

*“I will carry the lessons learned this semester for the rest of my career.”
Shelbie Graham*



The experience at “Our House and the Canvas Clinic left me feeling so inspired... I feel like I will approach tough conversations differently with colleagues/family and hopefully help them to look at poverty in a different lens as well... I feel better equipped to care for people struggling with poverty and I feel more comfortable figuring out how to help them.” Katie Miget

Poverty and Healthcare, cont.



“I have completely changed my way of thinking after this course. I think having this empathy for our neighbors will allow me to be a provider who is able to meet my patients where they are...” Brittany Dillard

In Arkansas, 17.2% of families and 22.1% of children live below the federal poverty level.

Source: America's Health Rankings analysis of U.S. Census Bureau, American Community Survey, United Health Foundation, AmericasHealthRankings.org.

The “opportunity to hear my peers’ reflections was...transformative... These conversations challenged my assumptions, broadened my understanding, and deepened my empathy for the diverse experiences of others. This course expanded my cultural competency, advocacy, patience, and communication.” Genie Malone

“This course has really opened my eyes to my own bias. Within my professional practice, I have had a real shift in thinking as it reflects a deeper understanding of how poverty impacts health, health care resources, and the community... I am now approaching my interactions as a nurse with a broader lens, and I must say, a softer heart.” Heather Rehki

“... Understanding the lived experience of poverty brings a new point of view regarding how it happens, how it feels, and the true struggle of navigating the cycle of poverty.... Without this course, I would not have been aware of the impact of poverty and the severity of the problem. I would have lacked the understanding of the different modalities available to approach the care of impoverished individuals.” Allison Davis

41% of Arkansas households can't make ends meet. 24% earn above the Federal Poverty Level but less than the cost of living in their county.

Source:
<https://www.jllr.org/poverty-in-arkansas>

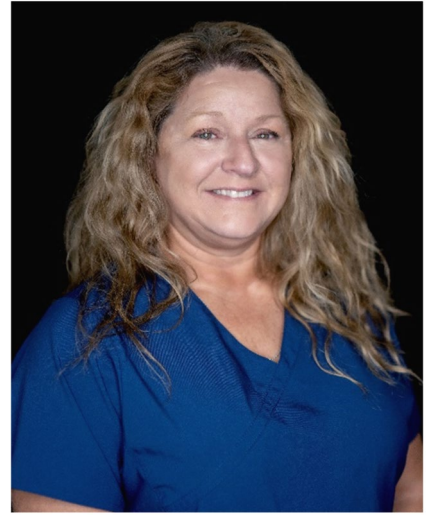
“...This course is giving me such a different perspective on life. I am humble enough to say that I truly had a 180 different opinion of poverty before taking” it. Gabby Potter



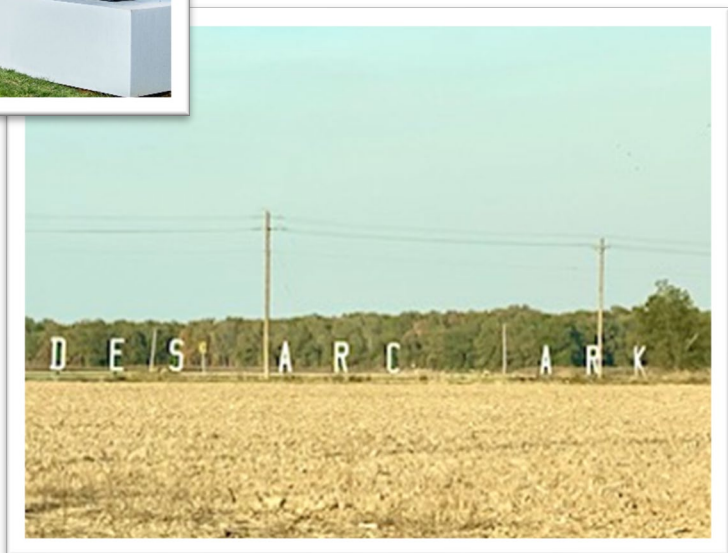
Preceptor Highlight

During the fall semester, Keithlea Griffin, DNP-FNP student completed her clinical experience at ARcare Family Practice in Des Arc, Arkansas. With a population around 1900, Des Arc is the largest city in Prairie County, with the clinic serving the surrounding rural population. Keithlea was precepted by Carol Hughes, DNP-FNP, who has been with ARcare since 2020. Keithlea stated her experience was very positive with many valuable learning opportunities. Carol shared that she enjoys precepting, stating,

“Working with nursing students in the Des Arc clinic has been one of the most rewarding aspects of my career. Watching their confidence grow as they apply their knowledge in real-world situations is truly inspiring and reminds me why I wanted to work in healthcare. It’s an honor to help shape the next generation of providers and help instill a passion for compassionate, patient-centered care. ARcare’s mission of Health for All means we see all patients, regardless of their insurance status or ability to pay. I love passing this mission and culture of care onto new nurses as they begin their careers. Knowing that I’m playing a small role in preparing them for a meaningful profession plus helping to impact the big picture of nursing across the state makes every moment worthwhile.”



Carol Hughes, DNP, FNP



Thank You to our Primary Care Preceptors and Clinical Sites! Fall 2024

Theresa M. Buerck, MD – Advanced Dermatology of Southeast MO, Cape Girardeau, MO
Sarah Castleman, DNP, APRN, FNP – Community Clinic- Jones Elementary, Springdale, AR
Michele Clark, MSN, APRN, FNP – Regional Family Medicine, Mountain Home, AR
Haley Duff, DNP, APRN, FNP, – Clarksville Family Medical Center, Clarksville, AR
Staci Gathright, MSN, APRN, FNP – Mercy, Primary Care and Obstetrics - Rogers, AR
Ginger Holloway, DNP, APRN, FNP – Community Clinic - Fayetteville, AR
Brooke Hotop, MSN, APRN, FNP – Mercy, Perryville Family and Obstetrics - Perryville, MO
Carol Hughes, DNP, APRN, FNP – ARcare - Des Arc, AR
Melissa Morton, MSN, APRN, AGNP – Good Samaritan - Ft. Smith, AR
Kayla Wolf, MSN, APRN, FNP – Community Clinic - Siloam Springs, AR



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For more information about the ANEW grant, visit <https://nursing.uark.edu/dnp/aneu-grant.php>
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