

# College of Education & Health Professions Eleanor Mann School of Nursing

LPN-BSN Online
Preceptor Handbook and
Clinical Requirement

For Clinical Courses: NURS 3111, NURS 3782, NURS 4212, NURS 4143, NURS 4073, NURS 4552, and NURS 4092

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## Introduction to the Clinical Practicum Experience

The practicum courses offer our undergraduate online BSN students an opportunity to apply newly developed skills and to implement theoretical content to professional nursing practice situations with multiple populations in a variety of settings. This professional experiential learning prepares students for advancing to the next level of nursing practice and to enhance skills in communication, teamwork, critical thinking, and professionalism. Positive learning experiences are best assured when students select their own preceptors and clinical sites. This fosters development of networking skills in the student and assures preceptor availability at a time and geographic location suitable to each student's needs.

Important note: The student is embarking on the process of learning a new role as a BSN prepared Registered Nurse. The clinical experience in the BSN program requires the student to be actively involved in patient care as a direct care provider and interdisciplinary team member.

These guidelines are provided to assist students in planning clinical experiences, and to clarify expectations for practicum experiences. Each clinical course requires a specific number of hours in an approved, preceptor facilitated, clinical experience.

## **Program Outcomes**

The goal of the BSN Program is to prepare graduates to provide culturally sensitive, evidence- based care to clients through the roles of caregiver, teacher, and manager in a variety of settings.

- 1. Contribute leadership to promote quality care and patient safety.
- 2. Integrate evolving knowledge into clinical nursing practice.
- 3. Demonstrate skill in utilizing healthcare technology and information systems.
- 4. Apply knowledge of healthcare policy, finance, and regulatory environments to advocate for quality health care.
- 5. Collaborate with inter-professional teams to improve healthcare outcomes.
- 6. Provide health protection and promotion, risk reduction, and disease prevention to individuals, families, and populations.
- 7. Demonstrate behaviors that reflect altruism, autonomy, human dignity, integrity, and social justice.
- 8. Adapt nursing care to meet the needs of patients across the lifespan and healthcare continuum, respecting variations in populations, environments, and access to care.

#### **Practicum Experience Expectations**

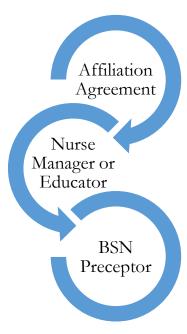
Clinical experiences require active participation. A general rule of thumb is to observe for

one day with a new preceptor, then the student should be taking over some degree of patient care while becoming immersed in the culture of the unit. Students will discuss the course and personal objectives with their preceptor(s) at the beginning of each practicum course. Each course will also have a list of skills for the student to master throughout the experience. Students will debrief with the preceptor at the end of each clinical day, whenever possible and meet with the instructor for the course as outlined in each syllabus. It is the students' responsibility to seek out and ask for help finding opportunities to meet objectives.

## **Preceptor and Site Selection Process**

Recruiting qualified practicum preceptors and identifying appropriate practicum sites is a student-led process. Preceptors should have clinical expertise in the area of practice required for each practicum course (see qualifications below). **This process of identifying sites and preceptors begins by attending a practicum workshop**. The student should come prepared to the workshop with knowledge of potential practicum sites (e.g. what services the site offers). It is best to think of sites that can serve multiple clinical rotations. More instructions and resources are found in the orientation course; **students are responsible for all information found in the orientation**.

Gaining the needed clinical affiliations for new practicum sites is a lengthy process and is different at each facility or organization. Students should be prepared to work continuously on site and preceptor recruitment; it requires persistence and organization. The following diagrams show some of the key players when it comes to securing affiliations and preceptors.



The first layer is the Affiliation Agreement itself. There are many resources in the orientation course for starting the affiliation agreement.

After the affiliation is secured, middle management (often the nurse educator, nurse manager, or student placement coordinator) is contacted to either approve an already identified preceptor or to guide you in the identification of a preceptor. This person will also provide instruction for any specific paperwork and requirements at their organization. The student must comply with all facility policies and requirements. Even if the student is employed by an institution, there may be additional paperwork to complete (check with the education director, HR, or the student coordinator as appropriate). The student should ensure all onboarding requirements have been met by the deadlines, which will be specified each term for practicum enrollment.

Finally, the student will be required to gather the Preceptor Agreement form from their preceptor and submit to program personnel. This is required for final approval of the preceptor. After being approved, the preceptor is added to an Online Preceptor Orientation. This brief online course will award CE upon completion.

## **Preceptor Qualifications**

- 1. BSN (or higher) prepared Registered Nurse (some states will allow ADN preceptors)
- 2. Unencumbered RN license to practice in the state in which he/she practices
- 3. At least two years of experience in the clinical practice area
- 4. Nature of current practice must be congruent with clinical experiences needed by the student
- 5. An affiliation agreement with the clinical site must be in place
- 6. Preceptor for NURS 4092 should have experience with the quality improvement (QI) process and ability to facilitate and provide guidance to the student in the development and presentation of a QI project

This nurse will need to be approved by the Eleanor Mann School of Nursing (EMSON) prior to any clinical time being completed.

Additionally, the following chart will help guide the student in understanding what types of preceptor and facilities are required for each practicum:

Practicum	Clinical	Focus of the Clinical	Type of Clinical Setting to be
Course	Hours	Experience	Used
	Required		

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NURS 4092	75	Synthesize and apply	Preceptor Required. BSN
Professional		knowledge learned	degree (or higher) and quality
Role Practicum		throughout program to	improvement experience to assist
		develop a quality	with a project based clinical
		improvement project in a	practicum experience to be
		healthcare setting	completed in student's place of
			employment, previous clinical
			site, or other approved agency.

Please note that NURS 3111 and NURS 4092 are different types of clinical experiences. These courses have alternative ways of meeting the clinical hour requirements. NURS 3111 is the first practicum taken with the goal of preparing the students for their role transition and future practicums (includes skills and medication calculations). NURS 4092 is the last practicum taken, which includes the capstone for the program. The course provides the student with an opportunity to synthesize and apply knowledge of concepts developed throughout the nursing program through a clinical immersion experience. Evidence-based practice will guide the development of a quality improvement project in an area of the student's interest. The student is required to complete an evidence-based practice project and presentation in the practicum setting which culminates the practicum experiences for the program.

This process is ever-changing and evolving; it requires much flexibility and dedication on the part of the student. It is imperative that you communicate closely with the clinical coordinator throughout this process. Each geographic area and facility are different and that requires us to be creative and flexible. For more information about which states are authorized for completion of practicum requirements, please visit https://online.uark.edu/programs/licensed-practical-nurse-bachelor-science-nursing.php.

New affiliation requests are due by March 1 for Summer and Fall clinical courses and by October 1 for Spring clinical courses.

Preceptor and site paperwork, as well as full compliance (see section on compliance requirements), are due prior to enrollment in a practicum course; deadlines are specified each term.

The EMSON shall comply with clinical facility placement requirements as stipulated in the formal affiliation agreement(s). Note: No person has the authority to commit the University of Arkansas and/or the Eleanor Mann School of Nursing for any purpose (e.g., enter into agreements) except as authorized by the Board of Trustees, University of Arkansas.

#### Scheduling the Clinical Practicum Experience Hours

Students are responsible for ensuring that all required hours of clinical experience, in approved and supervised settings, are completed. The scheduled hours will be arranged in conjunction with the approved practicum site and preceptor (as is reasonable to satisfy the practice experience requirement). Hours may not be carried over between sessions nor completed prior to the course start. The requirement may be met with full days, partial days or consecutive days as agreed upon with the preceptor. Active participation is required to be counted for clinical hours, no observation-only activity past the first day in each setting.

Please keep in mind that clinical experience can only occur while students are regularly enrolled in courses. Students cannot complete clinical experience outside of the regular semester, and clinical experience should not be planned during official university holidays. Before beginning any clinical experience, it is the student's responsibility to review the course objectives and clinical requirements with your preceptor and direct any questions toward the instructor for that particular course.

Students should submit a clinical schedule to the course instructor at the beginning of the clinical rotation and notify the instructor of changes as soon as they are known. Changing of the clinical schedule should only occur for university approved excuses. This schedule must be completed and approved one week prior to the intended day at the clinical site, or it will not be credited to the student. Clinical hours scheduled may not exceed 12 hours per day, three 12 hours shifts per 7 days, or 40 hours per 7 days. This policy applies regardless of if student is taking more than one clinical course. Attendance will be monitored as outlined within each course. Students may be competing for clinical practice space at some locations. Flexibility for scheduling will help to ensure smooth clinical progression. Some night and weekend shifts will likely be required. Clinical practicum hours may not be completed during the student's working hours. If you will be completing these hours at your workplace you must arrange them on a different unit from which you work.

#### **Dosage Calculation**

All practicum courses require demonstration of safety in dosage calculation competency. This is evaluated through a Dosage Calculation Assessment in each practicum course. The student is provided two attempts to achieve the minimum passing score for the course. Failure to pass the Dosage Calculation Assessment on the second attempt is considered an unsafe behavior related to medication management and will result in a Performance Improvement Plan and inability to complete clinical hours. Unsafe behaviors can result in withdrawal from the course.

#### **Attendance Expectations**

Students are expected to present to the clinical site in a timely fashion and contact both the instructor and preceptor if there is a delay or cancellation of your clinical for emergency, illness, inclement weather, or withdrawal from the course. Clinical learning activities represent a responsibility to patients and require an essential application of knowledge. Consistent, punctual attendance facilitates learning, while tardiness interferes with the attainment of course outcomes. Therefore, students are required to be present and on time for each clinical experience. If there is a University excused reason that a student will be missing clinical time in any course, communication must be initiated with the clinical instructor and preceptor right away to make alternative arrangements.

Written and virtual assignments will be required in each clinical practicum and will be detailed within the Blackboard course. These assignments are designed to help facilitate translation of didactic content into clinical application. Assignments should be submitted per instructions in Blackboard Learning Management System by the designated due date.

Web conferencing will also be required to facilitate discussion and shared experiences, use of this will be outlined within the syllabus for each course.

## Dress Code / Professional Appearance

The primary purposes of the uniform are for student identification and to project a professional image to clinical agencies and the clients served.

#### **Uniform Guidelines**

Unless otherwise specified by the course/instructor, EMSON approved uniforms are to be worn when the student is engaged in U of A clinical practicum nursing activities, and at no other time.

The EMSON Uniform must conform to the following Uniform Requirements:

- Uniform is to be clean, wrinkle free, and unstained
- Scrubs Color 'True Red'
  - o Cherokee 4700 Unisex V-neck Tunic
  - o Landau 8219 V-neck Tunic
  - o Scrubzone Unisex 2-pocket 70221
  - o Cherokee 4876 Unisex V-neck (longer torso)
  - o Landau 7502 Men's Scrub Top
  - o Cherokee Workwear WW120, WW620, WW670, WW140

- O Pants may be any style, must be 'True Red' color that matches the top. (Low rise not allowed)
- Must fit loosely and allow for ease of movement. Tight, form-fitting scrubs are not allowable.
- o Retailer Option: Uniform Corner at myuniformcorner.com (25% discount)
- White socks or stockings (in good repair without design) must be worn.
- Solid color, nonporous/no fabric shoes (no high-top sneakers, clogs, open toe, or shoes with writing).
- Shoes and shoelaces must be washable and kept clean and neatly polished.
- White long or short sleeved turtleneck or crew neck T-shirts without logos or advertisements may be worn under the uniform.
- For the mental health practicum, business attire is required (see below)
- For students with religious/cultural considerations, skirts or dresses may be worn in lieu of pants. A solid white head covering may be worn but may only cover the hair, full face must be visible.
- Students may be subject to compliance of hospital uniform policy

#### **Laboratory Coats**

A wrinkle free white lab coat should be worn in the following situations:

- Lab coats may be worn to and from the clinical practicum experiences or in compliance with specific clinical agency policies.
- During school activities not requiring the school uniform, such as community health and/or mental health clinical practicum, home visits, site orientation sessions, etc.
- May be required for skill videos in practicum courses

## **Uniform Accessories**

#### Name tag

- Should always be visible on the front of the uniform or lab coat on the upper right side.
- Is an official/authenticated University of Arkansas, Eleanor Mann School of nursing identification badge. The badge is printed with the student's first name, last name initial only, and photo by the card office at the UofA. Also included on the badge is the credential, "BSN Student".
- The official UA/EMSON issued badge/nametag is required to be worn at all clinical practicum experiences (Arkansas State Board of Nursing requires that all healthcare

- providers are clearly identifiable through name tags with credentials listed).
- Name tag ordering instructions were provided upon acceptance to the program via Blackboard Orientation Non-credit Course.

## Equipment includes:

- A pair of bandage scissors
- Pen light
- A stethoscope
- May need pocket calculator, hemostats, eye protection, blood pressure cuff

#### **Business Attire**

Professional attire is expected whenever you are representing the EMSON. Some activities may require the student to wear business attire with or without wearing a lab coat. The following are general examples of appropriate attire:

#### Women

- Dress, Blouse and skirt (skirt length- knee length or below)
- Shirt with collar or polo style
- Dress Slacks / khaki pants
- Shoes comfortable low heeled pumps, loafers or boots, must be closed toe

#### Men

- Suit/jacket/blazer/sweater
- Shirt traditional shirt with collar/ polo style
- Slacks
- Tie
- Shoes dress/loafers/lace-ups (no flip flops, sneakers or sandals), must be closed toe

Unacceptable clothing for either sex includes: jeans, sweatshirts, shirts of underwear type, see- through clothing, sleeveless shirts or any clothing that exposes a midriff, back, chest or underwear.

## Personal Hygiene

- It is essential that health care providers be free of offensive body odors including smoke residue.
- Perfume or aftershave should not be worn in the clinical practicum

areas.

- Chewing gum or tobacco products may not be used in any clinical practicum
- Hair
  - O Should be neat, clean, controlled, and conservative in naturally occurring hair colors
  - O Should be worn up, restrained, and fastened so that it does not fall below chin level or collar.
  - Or may wear hair in a short length, in a style that will not fall below the chin or into the face with movement.
  - Solid white, black, or red headbands no greater than 2 inches in width are permissible.
  - Mustaches and beards are permissible if kept neatly trimmed.
- Nails
  - Should be short, neatly groomed, and not extend beyond the fingertip.
  - o No nail polish or artificial nails of any kind are allowed.
- Jewelry
  - O When in the clinical practicum area, because of the potential for spread of infection and injury to client and/or student, it is recommended that jewelry be kept to a minimum.
  - o A durable watch with a sweep second hand is allowed
  - o Piercings Only One (1) pair of small stud earrings in the lobes

The student may be requested to cover any visible tattoos and must be in compliance with the agency policy in which they are partaking in a clinical practicum experience.

NOTE: If the agency's dress code is more restrictive than this policy, the student is expected to comply with the agency's policy. Exceptions to or differences in any of the policies may occur in some clinical practicum areas or with individual instructors to meet the clinical practicum experience requirements. Students will be notified of any exceptions. Faculty and/or preceptor may dismiss a student from a clinical practicum setting if the above policy is violated. Any questions should be discussed and clarified with the clinical practicum instructor and preceptor prior to clinical practicum participation.

Noncompliance with this policy will result in appropriate disciplinary action by the faculty such as verbal warning, written warning, or dismissal from the clinical practicum site.

#### **Professional Liability Insurance**

A specially designated student professional liability insurance policy is required of all students enrolled in the Eleanor Mann School of Nursing. Liability insurance fees have been incorporated into the student fees structure by the University of Arkansas.

Liability insurance coverage is applicable only when the student is functioning in the student role, in a clinical practicum course and expires on the date of graduation. The policy does not cover students while employed in clinical agencies. A copy of the professional liability insurance policy is on file in the EMSON office.

#### Use of Electronic Devices

Cell phones and other electronic devices (including telephone accessories; this excludes calculators) may not be visible or audible in the clinical setting. Students are responsible for following the policy for electronics in the individual facility/organization in which they will be completing clinical practicum hours. It will be the student's responsibility to seek out this policy, understanding it, and follow it.

## **Clinical Practicum Compliance Requirements**

All University of Arkansas, Eleanor Mann School of Nursing (EMSON) students enrolled in clinical practicum courses must be fully compliant with requirements for clinical prior to enrollment in each course. All compliance requirements can be found in EXXAT.

While a student in the EMSON, students are required to submit copies of:

- Annual TB screening
- MMR Vaccination Series or Positive Titer
- Varicella Vaccination Series or Positive Titer
- TDaP Vaccination within the last 10 years
- Flu Vaccination (Annual)
- Hepatitis B Positive Titer
- COVID Vaccination (per clinical site/CDC requirements)
- BLS Certification (Current)
- Health Insurance Card (Annual)

#### Responsibilities of Clinical Practicum Participants

#### Faculty

1. Responsible for overall coordination of the experience.

- 2. Provide student with orientation to course expectations/requirements.
- 3. Establish and maintain patterns for communication with clinical preceptor and student.
- 4. Facilitate problem-solving and provide on-going guidance to clinical preceptor and student.
- 5. Meet with the clinical preceptor and the student according to an arranged schedule. Review progress toward course outcomes and goals for personal and professional growth.
- 6. Assume responsibility for the evaluation process of student's clinical practicum performance incorporating data supplied by clinical preceptor and student.
- 7. Assume responsibility for the overall evaluation of the experience collaborating with the agency, clinical preceptor, and student.

## Preceptor

- 1. Act as a role model as practitioner, teacher, and/or manager.
- 2. Provide the student with ongoing constructive feedback that relates performance standards to student performance. (NURS 4092 Emphasis on role synthesis, quality improvement, and safety)
- 3. Provide suggestions that will assist and improve student performance to achieve course and clinical practicum objectives.
- 4. Assist the student to gain competence and confidence in assuming responsibilities and functions comparable to a beginning BSN level nursing role.
- 5. Communicate ongoing student progress to the student and faculty and contribute to the student's summative evaluation
- 6. Provide supervision of all student activities in the clinical setting. (NURS 4092 requires support and supervision during the formal presentation of the student's final project in the clinical setting)
- 7. Communicate with faculty at set intervals to discuss student progress toward outcomes.

#### Student

- 1. Assume responsibility for understanding course requirements and outcomes and develop goals for personal and professional growth communicating these to faculty and clinical preceptor.
- 2. Assume responsibility for fulfilling goals and directed learning activities.
- 3. Maintain lines of communication with clinical preceptor and faculty to promote achievement of directed learning activities.
- 4. Maintain punctual clinical practicum schedule according to a predetermined agreement and notify clinical preceptor and faculty when schedule cannot be met.
- 5. Assume responsibility for arranging and maintaining the schedule of conferences with faculty.
- 6. Maintain clinical practicum journal to be utilized for self-reflection on the clinical evaluation tool.

- 7. Participate in self-evaluation.
- 8. Participate in the evaluation of achievement of directed learning activities and the clinical preceptor experience as a whole.
- 9. Maintain a professional attitude of learning, humility, and service to others. Above all, the student will conduct themselves in a manner that exemplifies the high standards of the University of Arkansas, the EMSON, and the nursing profession.

## Performance Improvement Plan

In the event the student does not comply with any of the expectations discussed in this handbook, or displays unprofessionalism as reported by preceptor, clinical facility personnel, or faculty member, the student will receive a Performance Improvement Plan, to be reviewed with the student by EMSON clinical course faculty or other faculty. The document is found <a href="here">here</a> -- on EMSON's website under "Applications, Forms and Resources."

## **Experience Evaluation**

Grading criteria for each practicum will be outlined within each specific course. To assist with that process and to facilitate continuous quality improvement, at the end of the practicum experience, evaluations will be required as outlined below.

#### Student Evaluation

- Student will complete a self-evaluation for each practicum based on the outcomes for the course. Complete details will be provided within each Blackboard course.
- Preceptor will complete an evaluation for the student. This will be done via internet survey that will be emailed to the preceptor near the end of the experience.

## **Preceptor and Clinical Site Evaluation**

- Student will evaluate the preceptor by completing a survey that will be provided within each course.
- Student will evaluate the clinical site by completing a survey that will be provided within each course.

#### **Experience Evaluation**

- Survey items will be included for preceptor to provide feedback on the course, expectations, general experience satisfaction, faculty collaboration, etc.
- Students will have the opportunity to provide feedback during the student

evaluation process at the end of each semester.

## **Policy for Infection Control**

Students enrolled in a practicum will follow all site policies pertaining to infection control, including required PPE.

## Policy for Student Injury in the Clinical Practicum Setting

- 1. Administer first aid.
- 2. If the injury occurs in the Clinical Practicum Setting:
  - a. Fill out an incident report for the clinical agency and submit a copy of the report (complete with the appropriate signatures) to the School of Nursing.
  - b. Notify the course instructor as soon as possible to fill out an Eleanor Mann School of Nursing incident report.
  - c. Incident report will be filed in student cumulative record.
- 3. Assessment of the student's status is required.
  - a. If the clinical agency has an emergency service department with a healthcare provider available, the student is required to be evaluated by the provider at that time. If the clinical agency does not offer this service, the student is required to be evaluated by a provider elsewhere. A report of the attending healthcare provider's assessment of the student's status and/or recommended treatment must be submitted to the School of Nursing.
- 4. The expenses for the above assessment and/or treatment will be borne by the student.

## Policy for Exposure to Blood Borne Pathogens

- 1. Administer first aid.
- 2. Management of student injury:
  - a. Fill out an incident report for the clinical agency with a copy of the report (complete with the appropriate signatures) and submit it to the School of Nursing.
  - b. Notify the course instructor as soon as possible to fill out an Eleanor Mann School of Nursing incident report.
  - c. Assessment of the student's risk status with treatment and follow-up is required. If the clinical agency has an emergency service department with a healthcare provider available, the student is required to be evaluated by the provider at that time. If the clinical agency does not offer this service, the student is required to be evaluated by a provider elsewhere. A report of the attending healthcare provider's assessment of the student's status and/or recommended treatment must be submitted to the School of Nursing.
  - d. Identification of the source patient and subsequent risk appraisal should be

- included in the report.
- e. Expenses for the assessment and treatment will be borne by the student.
- 3. The injured student should discuss his/her medical history and status with the assessing provider.
  - a. A history of documented Hepatitis B infection or completion of Heptavax or equivalent immunization should render the student immune to Hepatitis B, although assessment of immune status may be needed (e.g., incomplete Heptavax series or intragluteal injection).
  - b. An individual who is HIV antibody positive or a low-risk individual known to be HIV negative requires no immediate testing.
  - c. A student with unknown HIV status and no history of Hepatitis B infection or immunization may need baseline HIV antibody or Hepatitis B Surface Antigen (HBSA) testing (see specific instructions below).
- 4. If the source patient cannot be identified, or if he/she refuses evaluation and is of unknown risk status for HIV and Hepatitis B infection:
  - a. The student, if not immune to Hepatitis B, should receive a single dose of Hepatitis B Immune Globulin (HBIG), 0.06 cc/kg, as soon as possible after exposure. Heptavax immunization should also be initiated (with consent) within seven days of exposure; 1 cc in the deltoid muscle, booster doses should follow after one month and six months. Students who do not receive Heptavax should receive a second dose of HBIG after one month.
  - b. If the student's HIV antibody status is unknown, a baseline HIV antibody test should be done and, assuming negativity, repeated at six to eight weeks and at six months.
  - c. The student should inquire about relevant symptoms of HIV and Hepatitis B infections and should notify his/her physician if clinical problems occur. Counseling may be needed for emotional reactions, and education for reducing risk of transmitting a potential infection.
- 5. If the source patient is identified and consents to evaluation:
  - a. If the source patient is known to be immune to Hepatitis B, the student may be reassured (if not immune).
  - b. If the source patient is not immune to Hepatitis B, he/she should have an HBSA test; negative, the student may be reassured if he/she is not immune; if positive, and if the student is not immune, treatment should be initiated within seven days (see 3a above).
  - c. If the patient is considered low risk for HIV infection or is known to be HIV negative he/she may not need to be tested; the student should be tested only if anxious.
  - d. If the patient is of high or uncertain risk for HIV infection, an HIV antibody test should be done and repeated in six to eight weeks and in six

- months. The student should also be tested as in 3b above.
- e. If the patient is known to be HIV antibody positive, the student should be counseled and tested as indicated in 2b and 3b above.
- f. If the patient is acutely ill, other prophylactic or follow-up measures should be done as appropriate.
- g. Counseling, education, and follow-up are encouraged (see 3c). Expenses for follow-up treatment will be the responsibility of the student.

Note: These Guidelines were developed by the University of Arkansas Health Center. The initial statements as to the management of the exposure have been adapted to meet the requirements of the School of Nursing and the online student.